



300 Hour Teacher Training Application

Name _____

Address _____

City _____ State _____

Phone _____ Cell Phone _____

Email _____

Birthdate _____

Occupation _____

Emergency Contact Number _____

Brief Medical History: Please include physical health conditions, recent surgeries, chronic conditions or other information you think we should know about:

Program Details

Student Requirements:

- * Previous 200 Hour Yoga Teacher Training Program Certification.** Any Certified program will be taken into consideration. Preference is given to a 200 RYS.
- * Sincere desire to advance one's teaching and to learn, grow, be coached, and to help others**
- * 6 months teaching experience.** Exceptions may be made on individual cases. Inquire for more information.
- * Acceptance is based upon requirement approval and application.**

Certificate Requirements:

Certification is based on performance and demonstration of your teaching ability and satisfactory completion of all assignments and examinations. To receive your teaching certificate you must turn in all assignments and demonstrate understanding and integration of the asana practice, yoga philosophy and teaching methodologies. In order to receive your Yoga Teacher Certificate you must:

- * Demonstrate teaching ability in a workshop setting**
- * Pass teaching evaluations**
- * Commit to weekly practice schedule**
- * Pay all fee's and balances**
- * Full attendance and participation as per hourly requirements**
- * Complete your teaching responsibilities and assessments**

Yoga Teacher Certification can not be granted if there are outstanding assignments, tests, and/or exams, incomplete homework or incomplete teaching internship or an incomplete payment balance.

FEES

Deposit: \$350, due with application to reserve your space in this program (paypal or cc includes processing fee).

Payment Plans

Monthly plans with no payoff, must commit to 15 months

Early Bird: \$ 175/month for 15 months

After December 15, 2018: \$195/ month for 15 months

Onetime Full Fee

Early Bird: **\$2,875**

After December 15, 2018: **\$2,995**

Refunds can only be given within 48 hours of payment received. No refunds can be granted after the 48 hour period. Thank you for understanding.

*** Application Questions:**

Please answer the following in a short essay format (max 5 paragraphs)

*** Why do you want to take this program? What do you hope to gain and how do you hope it will help your yoga teaching?**

*** Describe your personal yoga practice.**

*** Please Describe your personal yoga philosophy and what you think it means to become a masterful yoga teacher.**

Application must include a \$350 deposit, and/or full payment. Payment plans are available. Send deposit and please make payment arrangements if needed.

Congratulations on your decision to enroll in this Advanced Yoga Teacher Training! Your application will be reviewed and an interview will be scheduled, both to help you answer any questions and for us to meet in person. In this program you will learn the necessary skills to grow deeper into the role of a teacher, how to constantly grow and evolve your teaching style to fully meet the needs of your student, and how to advance your own practice of yoga and meditation.

***Benefits of the 300 Hour Advanced Myriad Yoga Teacher Training Program**

Role of Teacher As Guide: Deepening Teaching Methodology

Anatomy and Therapeutics of the Shoulder, Hip, Pelvic Floor, and Spine

Core cues for guiding a deeper yoga experience

Somatic Movement Awareness

Expanding Yoga History and Philosophy: Deepening Yoga Sutras

Study of Bhagavad Gita: Monthly Reading

Restorative Yoga For Cancer

Yoga for emotional balance and restoring the nervous system through restorative Yoga and Yoga Nidra

Trauma Awareness Practices

Ayurvedic specialty focus on Kapha, digestion and metabolism

Ayurvedic specialty focus on Vata-Pshychology and the Mind

Ayurvedic specialty focus on Pitta

Focus on the Five Elements as a practice

Mantra Sadhana- The Healing practice of Sound, Mantra, & Kirtan

The Divine Feminine

Cultivating creativity in your life and practice

Meditation

Advancing your personal practice through Asana, Pranayama, Mantra, and Meditation

Cultivating Your Specialty Focus and Unique Offerings

***** Bonus: Reiki Master Certification (four levels of Reiki training included in program)**

5 Year Business Plan Counseling